

# January 2019



Dora Lopez– Assisted Living Activity Coordinator

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Legend: Sullivan Center (SC) Chapel (CH) Activity Room (AR) Nurses Station (NS) Living Room (LR)</p> 	<p>DSS Key: 1-Cognitive 2-Physical 3-Productive 4-Social 5-Sensory 6-Reflective 7-Outdoors 8-Nature <b>***All supplies are accounted for before and after each activity***</b></p> 	<p><b>Bring on the NEW YEAR!</b></p> 				
<p><b>6</b> 8:00 Televised Catholic Mass (LR) (1,3,6) <b>10:30 Trivia w/ NC Residents (CH) (1,4,6)</b> 11:00-12:00 Televised Protestant Service (LR) (1,3,6) <b>11:00 Catholic Communion Service (CH) (1,3,6)</b> 1:30-2:30 Card Sharks! (AR) (1,4)</p>	<p><b>7</b> 10:00 Sit &amp; Stretch (AR) (1-4) 10:45 Musical Melodies with Lena (CH) (1,4-6) 2:00 Kings on the Corner (AR) (1,4) <b>2:45 Trip to Wal-Mart</b></p> 	<p><b>8</b> 10:00 Sit &amp; Stretch (AR) (1-4) 11:00 Worship (CH) (6) 1:30 Fresh Cookie Delivery! (4,5) <b>2:30 AL Career Day Conversation (AL-ACT) (4)</b></p> 	<p><b>9</b> 10:00 Rosary &amp; Communion (6) <b>12:00 AL/NC Trip to McDonald's</b> <b>2:00 AL Resident Council Meeting (AL-LR) (1,4)</b> 3:00 AL Bible Study (LR) (6) 1:30 Bingo (AR) (1,4) 3:00 Bible Study (LR) (6)</p>	<p><b>10</b> 10:00 Sit &amp; Stretch (AR) (1-4) 10:45 Life Stories (AR) (1,4,6) 2:00 Mass with Father Wood (CH) (6) <b>3:00 Winter Mint Shake Delivery!</b> 2:00 Mass with Father Wood (CH) (1,6) 6:30 AL Bingo with Caitrin (AR) (1,4)</p>	<p><b>11</b> 10:00 Sit &amp; Stretch (AR) (1-4) 10:30 Movie (LR) 1:30 Fresh Popcorn! (4-6) <b>2:30 Sparkling Snowflake Party (SC) (4-6)</b> 4:00 IN2L Games! (AR) (1,4)s</p>	<p><b>12</b> 10:00-11:00 Bingo! (AR) (1,4) 2:00-3:00 Independent Games (AR) (1,4) 7:00-8:00 Lawrence Welk (4-6)</p>
<p><b>13</b> 8:00 Televised Catholic Mass (LR) (1,3,6) <b>10:30 Trivia w/ NC Residents (CH) (1,4,6)</b> 11:00-12:00 Televised Protestant Service (LR) (1,3,6) <b>11:00 Catholic Communion Service (CH) (1,3,6)</b> 1:30-2:30 Card Sharks! (AR) (1,4)</p>	<p><b>14</b> 10:00 Sit &amp; Stretch (AR) (1-4) 10:45 Musical Melodies with Lena (CH) (1,4-6) <b>10:30 The Heartstrings! (CCA) (1,4)</b> 2:00 Trivia (LR) (1,4) 3:00 Word Game (AR) (1,4)</p>	<p><b>15</b> 10:00 Sit &amp; Stretch (AR) (1-4) 10:45 Musical Melodies with Lena (CH) (1,4-6) 11:00 Worship (CH) (6) 1:30 Fresh Cookie Delivery (4,5) 3:00 Movie (LR) (4) <b>6:30 Chuck Parson's Guitar Concert (NC West End Commons) (4-6)</b></p>	<p><b>16</b> 10:00 Rosary &amp; Communion (6) 1:30 Bingo (AR) (1,4) <b>2:00 The Amazing James Curry! (SC) (4-6)</b> 3:00 Bible Study (LR) (6)</p>	<p><b>17</b> 10:00 Sit &amp; Stretch (AR) (1-4) 10:30 Dear Abby Discussion Group (LR) (1,6) <b>2:30 The Davis Bradley Duo (CH) (4-6)</b> 4:00 Kings on the Corner (AR) (1,4) 6:30 AL Bingo with Caitrin (AR) (1,4)</p>	<p><b>18</b> 10:00 Sit &amp; Stretch (AR) (1-4) <b>10:30 Mass with Father Jim (CH) (6)</b> 1:30 Fresh Popcorn! (4-6) <b>2:45 Trip to Target (3,7)</b></p>	<p><b>19</b> 10:00-11:00 Bingo! (AR) (1,4) 2:00-3:00 Independent Games (AR) (1,4) 7:00-8:00 Lawrence Welk (4-6)</p>
<p><b>20 HAPPY NATIONAL ACTIVITY PROFESSIONALS WEEK! (Jan.20-26)</b> 8:00 Televised Catholic Mass (LR) (1,3,6) <b>10:30 Trivia w/ NC Residents (CH) (1,4,6)</b> 11:00-12:00 Televised Protestant Service (LR) (1,3,6) <b>11:00 Catholic Communion Service (CH) (1,3,6)</b> 1:30-2:30 Card Sharks! (AR) (1,4)</p>	<p><b>21</b> 10:00 Sit &amp; Stretch (AR) (1-4) 10:45 Musical Melodies with Lena (CH) (1,4-6) 1:30 "I Hear Memories" Reminiscing ACT (1,4) <b>3:30 "I have a Dream" Martin Luther King Program (SC) (4)</b></p>	<p><b>22</b> 10:00 Sit &amp; Stretch (AR) (1-4) 10:45 Musical Melodies with Lena (CH) (1,4-6) 11:00 Worship (CH) (6) 1:30 Fresh Cookie Delivery! (4) <b>2:45 Craig Anders' Concert! (SC) (4-6)</b> <b>2:45 Trip to the Dollar Store</b></p>	<p><b>23 National Pie Day!</b> 10:00 Rosary &amp; Communion (6) 1:30 Bingo (AR) (1,4) <b>2:30 Favorite Pie Delivery!</b> 3:00 Bible Study (LR) (6)</p>	<p><b>24</b> 10:00 Sit &amp; Stretch (AR) (1-4) <b>11:00 Trip to Bowl America with lunch!</b> 2:00 Mass with Father Wood (CH) (1,6) <b>2:30 Diane Hart's Piano Concert! (NC Green Gate Center) (4-6)</b> 6:30 AL Bingo with Caitrin! (AR) (1,4)</p>	<p><b>25</b> 10:00 Sit &amp; Stretch (AR) (1-4) <b>10:30 OLOH Monthly Dog Show! (SC) (4-6)</b> <b>1:30 Pictionary (ACT) (1,4)</b> <b>2:30 Fun with Fitz (SC) (4-6)</b> 4:00 Kings on the Corner (AR) (1,4)</p>	<p><b>26</b> 10:00-11:00 Bingo! (AR) (1,4) 2:00-3:00 Independent Games (AR) (1,4) 7:00-8:00 Lawrence Welk (4-6)</p>
<p><b>27</b> 8:00 Televised Catholic Mass (LR) (1,3,6) <b>10:30 Trivia w/ NC Residents (CH) (1,4,6)</b> 11:00-12:00 Televised Protestant Service (LR) (1,3,6) <b>11:00 Catholic Communion Service (CH) (1,3,6)</b></p>	<p><b>28</b> 10:00 Sit &amp; Stretch (AR) (1-4) 10:45 Musical Melodies with Lena (CH) (1,4-6) 2:00 Trivia (AR) (1,4) 3:00 Movie (LR) (4-6)</p>	<p><b>29</b> 10:00 Sit &amp; Stretch (AR) (1-4) 10:45 Musical Melodies with Lena (CH) (1,4-6) 11:00 Worship (CH) (6) 1:30 Fresh Cookie Delivery! (4) <b>2:30 Corn Chip/Snack Mix Delivery!</b> 4:00 Independent Activity</p>	<p><b>30</b> 10:00 Rosary &amp; Communion (6) 1:30 Bingo (AR) (1,4) 3:00 Bible Study (LR) (6) 4:00 Balloon Ball Game! (AR) (1,2)</p>	<p><b>31</b> 10:00 Sit &amp; Stretch (AR) (1-4) 2:00 Mass with Father Wood (CH) (1,6) <b>3:00 The Valentine Museum Presents Developing Richmond: The City Through Photography (SC) (4,6)</b> 6:30 AL Bingo with Caitrin (AR) (1,4)</p> 		