



Quinique Allen — Activity Coordinator

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>DSS Key: 1-Cognitive 2-Physical 3-Productive 4-Social 5-Sensory 6-Reflective 7-Outdoors 8-Nature ***All supplies are accounted for before and after each activity***</p>	<p><i>Legend:</i> Sullivan Center (SC) Chapel (CH) Activity Room (AR) Nurses Station (NS) West End Commons (WEC) Green Gate Center (GGC)</p>	<p>1 New Year's Day! 10:00-10:30 Mindful movements (CCB)(2) 11:00 Worship Service (CH)(1,6) 1:30 Fresh Cookie Delivery! (CC Units) 2:30 Bingo Fun Game (CCB)(4) 4:00 IN2L Trivia Time (CCB) (1,4,6)</p>	<p>2 9:30 1:1 Visits 10:00 Rosary & Communion (CH) 11:00 Music & Imagery (CC) 1:30 Rhythm Band w/ Lena (CC) 2:30 Jingo Fun Game (CCB)(4) 4:00 IN2L Trivia Time (CCB) (1,4,6)</p>	<p>3 9:30 1:1 Visits 10:45 Musical Melodies w/ Lena (CH) 1:30 Golden Oldies w/ Lena (CCB)(4) 2:00 Mass w/ Father Wood (CH)(1,6) 2:30 Alexandria's Concert (SC)(1,4) 4:00 IN2L Trivia Time (CCB)(1,4,6)</p>	<p>4 9:30 1:1 Visits 10:00 1st Friday Rosary & Communion (CH)(1,6) 10:30 Music Trivia w/ Lena (CCB)(3-5) 1:30 Hymn S-A-L (CCA)(3-5) 2:30 Hawaiian Music Concert (SC)(4)</p>	<p>5 9:30-9:45 Balloon Volleyball with Staff (A Side)(1-2) 11:00-11:45 Trivia Game (A&B) on B-Side (4) 1:00 CC Mail Time! 2:30 Bingo Fun Game! (CCB)(3-4)</p>
<p>6 8:00 Televised Catholic Mass (6) 9:30 Sit & Stretch Exercises (A&B) 11:00 Televised Protestant Service (6) 11:00 Catholic Communion Service (CH) 1:30 Movie Matinee with Staff (A&B Side) 2:30-3:30 Volleyball Balloon (A&B Side)</p>	<p>7 9:30 1:1 Visits 10:00-10:30 Mindful Movements (CCB) 10:45 Musical Melodies (CH) 1:30 Golden Oldies w/ Lena (CC) 2:45 Devotions w/ Suzanne (CCB) 3:00 Reminisce Time w/ Q! (CCB)(1,3-4) 4:00 IN2L Trivia Time (CCB)(1,4,6)</p>	<p>8 9:30 1:1 Visits 10:00 Dear Abby Reading Club (CCA)(1) 11:00 Worship Service (CH)(1,6) 1:30 Piano & Hymn Music (CCA)(1,4) 2:00 IN2L Art Appreciation (CCA)(1,3,6) 3:00 Family Feud Game (CCA)(4) 4:00 IN2L Trivia Time (CCB) (1,4,6)</p>	<p>9 9:30 1:1 Visits 10:00 Rosary & Communion (CH) 11:00 Music & Imagery (CC) 1:30 Rhythm Band (CCA) 2:00 Bingo Fun Game (CCB)(4) 4:00 IN2L Trivia Time (CCB) (1,4,6)</p>	<p>10 9:30 1:1 Visits 10:00 Mindful Movements (CCB) (4,2) 10:30 Family Feud Game (CCB) 1:30 Catholic Mass with Father Wood (CH) (6) 3:00 Winter Mint Milkshake Delivery! 4:00 Parachute Physical Game (A&B Side) (2)</p>	<p>11 9:30 1:1 Visits 10:00 Mindful Movements (CCA)(4,2) 11:00 Susie Q Sing Along Video (CCA) 2:30 Sparkling Snowflake Party (SC) 4:15 Kick & Toss Ball! (A&B Side) 2</p>	<p>12 9:30-9:45 Balloon Volleyball with Staff (A Side)(1-2) 11:00-11:45 Trivia Game (A&B) on B-Side (4) 1:00 CC Mail Time! 2:30 Bingo Fun Game (CCB)(3-4)</p>
<p>13 8:00 Televised Catholic Mass (6) 9:30 Sit & Stretch Exercises (A&B) 11:00 Televised Protestant Service (6) 11:00 Catholic Communion Service (CH) 1:30 Movie Matinee with Staff (A&B Side) 2:30-3:30 Volleyball Balloon (A&B Side)</p>	<p>14 9:30 1:1 Visits 10:00-10:30 Mindful Movements (CCB) 10:30 The Heartstrings! (CCA) 1:30 Golden Oldies w/ Lena (CC) 2:45 Devotions w/ Suzanne (CCB) 3:00 Jingo Game (CCB) (1,3-4)</p>	<p>15 9:30 1:1 Visits 10:00 IN2L Time! (1,3-4) 11:00 Worship Service (CH) 1:30 Piano & Hymn Music (CCA) 6:30 Chuck Parson's Guitar Concert! (WEC)</p>	<p>16 9:30 1:1 Visits 10:00 Rosary & Communion- CH 11:00 Music & Imagery (A&B) A-Side (1-6) 2:00 The Amazing James Curry! (1,4) 3:00 IN2L Games & Music Computer (A&B) 4:05 Art Coloring Sheet (A&B Side)</p>	<p>17 9:30 1:1 Visits 10:00 Mindful Movements (CCB) 10:30 Movie Showing (CCB) 1:40 Name that sound Trivia (CCB) 2:30 Jamin' with Jilson Music & Exercises (CC) 2 3:00 Parachute Physical Game (A&B Side) 2 6:00 Activity with Activity Staff (A&B Side)</p>	<p>18 9:30 1:1 Visits 10:00 Chicken Soup for Soul! (CCA)(3) 10:30 Mass w/ Father Jim (CH)(1,6) 1:30 Fresh Popcorn Time! (CC) 2:30 Lawrence Welk Show! (CCA)(4)</p>	<p>19 9:30-9:45 Balloon Volleyball with Staff (A Side)(1-2) 11:00 - 11:45 Trivia Game (A&B Side on B-Side) 1:00 CC Mail Time! 2:30-3:30 Bingo Game (CCB)(2,4)</p>
<p>20 Happy Activity Professionals Week! (Jan. 20th-26th) 8:00 Televised Catholic Mass (6) 9:30 Sit & Stretch Exercises (A&B) 11:00 Televised Protestant Service (6) 11:00 Catholic Communion Service (CH) 1:30 Movie Matinee with Staff (A&B Side) 2:30-3:30 Volleyball Balloon (A&B Side)</p>	<p>21 Martin Luther King Day 9:30 1:1 Visits 10:00-10:30 Mindful Movements (CCB) 10:45 Musical Melodies (CH) 1:30 Golden Oldies w/ Lena (CC) 2:45 Devotions w/ Suzanne (CCB) 3:30 "I have a Dream" Martin Luther King Program (SC)</p>	<p>22 9:30 1:1 Visits 10:00 Chicken Soup for the Soul Reading (CCA)(1) 11:00 Worship Service (CH) 1:30 Piano & Hymn Music (CCA) 2:45 Craig Anders Concert! (SC) 6:30 Evening Activity Time (CC)</p>	<p>23 National Pie Day! 10:00 Rosary & Communion- CH 11:00 Music & Imagery (A&B) A-Side (1-6) 1:30 Rhythm Band/Lena (A&B) on B 6 2:30 Favorite Pie Delivery! 4:05 Art Coloring Sheet (A&B Side) 6:30 Evening Activity (CC)</p>	<p>24 National Compliment Day! 9:30 1:1 Visits 10:00 Trivia Time! (CCB) 11:00 Trip to Bowl America! (Outing) 2:00 Mass w/ Father Wood (CH) 2:30 Diane Hart's Piano Concert (GGC)</p>	<p>25 9:30 1:1 Visits 10:00 Mindful Movements (CCA)(2) 10:30 Monthly Dog Show—SC(4) 1:30 Fresh Popcorn Time! 2:30 Fun w/ Fritz (SC) 3:30 Balloon Volleyball game (CCB)(2)</p>	<p>26 9:30-9:45 Balloon Volleyball with Staff (A Side) (1-2) 11:00 - 11:45 Trivia Game (A&B) (4) 2:30- 3:30 Corn Hole Competition Game (A&B on B-Side (2,4)</p>
<p>27 8:00 Televised Catholic Mass (6) 9:30 Sit & Stretch Exercises (A&B) 11:00 Televised Protestant Service (6) 11:00 Catholic Communion Service (CH) 1:30 Movie Matinee with Staff (A&B Side) 2:30-3:30 Volleyball Balloon (A&B Side)</p>	<p>28 9:30 1:1 Visits 10:00-10:30 Mindful Movements (CCB) 10:45 Musical Melodies (CH) 1:30 Golden Oldies w/ Lena (CC) 2:45 Devotions w/ Suzanne (CCB) 3:00 Bowling fun game! (CCB)</p>	<p>29 National Corn Chip Day! 9:30 1:1 Visits 10:00 Dear Abby Reading Club (CCA)(1) 11:00 Worship Service (CH) 1:30 Piano & Hymn Music w/ Lena (CCA) 2:30 Corn Chip/Snack Mix Delivery! 6:30 Evening Activity Time (CC)</p>	<p>30 10:00 Rosary & Communion (CH) 11:00 Music & Imagery (CCA)(6) 12:00 Trip to McDonald's! (Outing) 1:30 Rhythm Band w/ Lena (CCB)(6) 2:30 Bingo Time (CCB)(6) 6:30 Evening Activity (CC)</p>	<p>31 9:30 1:1 Visits 10:00 Mindful Movements (CCA) 10:30 Movie Showing (CCA) 2:00 Mass w/ Father Wood (CH) 3:00 The Valentine Museum Presents Developing Richmond: The City Through Photography (SC)</p>		